

## **SPORTS FACILITIES**

### **Department of Physical Education**

The Department of Physical Education, one of the Pioneer Departments of Akshaya College of Arts and Science, is dedicated to providing equal and fair opportunities to all of its students. Through its diverse program, it will enable its students to reap the benefits leading to physical fitness, personality development, and enjoyable experiences over the course of their lives. The Department's motto is benches to podium.

#### **VISION:**

Our goal is to create rigorous guidelines and provide systematic training to inspire the wards to lead active lives that promote general well-being.

#### **MISSION:**

1. The mission is to offer every ward an equal opportunity to participate in high-quality physical activities related to fitness.
2. Students will benefit from our varied program by having the chance to build a full personality that will lead to happy experiences for the rest of their lives.
3. The department's goal is to attain the pinnacle and is committed to offering top-notch training that prepares athletes for their careers.

## Sports Achievements

- On 11 August 2024, 84 students from Akshaya College of Arts and science participated in 10 kms “Run For Nation” marathon conducted by VGM Hospital and Student Mr. Sri Dharun won 3<sup>rd</sup> place.



- On 27 & 28 July Our Akshaya College of arts and Science girls kabaddi team participated in Kabbadi Open Tournament conducted by Cheran Kabbadi club and won first match by defeating Swamy Vivekanand - Tripur and also in second match we defeated Meenachipuram sports club - Kerala and entered to Quater finals

